

The Center Worksheet (The Center Family Tree)

Discover the Qualities of Centers to Better Understand Nature and Your Life!

Centers are the singular & centrally-situated objects residing at the heart of objects, things, entities, and places. They begin where change & fluctuation occur and where energy amasses. Paradoxically, centers are also where the opposite of matter/energy concentrates - i.e. emptiness and the "void" often thrive at centers.

In their idealized form, centers reside at the geometric center of physical objects, like hubs of wheels, fulcrums of seesaws, the bull's eye of a dartboard, and the nucleus of atoms.

Centers are at the heart of events across time. They are where events and processes come to an end. They are climaxes and finales.

While often difficult to pinpoint in the realm of human cognition, centers nevertheless are quite real and indeed form the control centers of our lives. They are also where decisions, urges, meanings, truths, purposes, symbols, answers to riddles, and the crux of problems reside.

In all cases, centers are the location where the parts of a larger whole point towards, align to, & converge upon.

The Qualities, Attributes, and Properties of Centers



Centers are Powerful

Centers pack the greatest concentrations the universe knows! Come to know the power of centers in your life.

You can't help but notice **centers** and figuratively 'pick them out in a crowd'. Their **huge concentrations of mass & energy** make them the hottest and brightest, hottest. In nature they are the fury of a tornado's funnel cloud, the perpetual nuclear fusion reaction at the heart of solar systems, and they shine as brightly as a million stars in a supernovae explosion. In human interactions **centers are the most attractive, tallest, richest, most colorful, best dressed, loudest, most active, and most extraordinary**. They are city centers, the heart of the matter, when people "blow up" in arguments, and the wild activity of rock singers on center stage at concerts.

Centers often feature a marked rise in organization relative to their surroundings such as when a spherical planet forms from a formless dust cloud in space. We can see the increasing of order at **centers** in the highly specialized reproductive organs at the heart of flowers, the emergence of a tighter



Centers are Complex

Centers drive the complexity that universe to evolve and produce structures and interrelationships!



Centers Form 'Walls' on Their S

The surfaces of centers ensure the nature and life's structures/format of our life and institutions.



High Gradients at Their Surface

The rise & fall rhythm of nature/life from the energy required to treat surfaces of centers



Duality Thrives at Centers

The quality or state of having two (complimentary) opposite parts or



Centers are Beginnings

Centers are origins, points of genesis and seedlings



Centers are Endings

Ending points are defined by their points! Control the quality of the end of your life to ensure great ending



Centers Organize the Whole

See how centers anchor and organize and thereby learn how to better structure home, work activities, and work groups



Centers Define the Whole

Instill passion and purity into the centers of your life to create an enchanted larger life of smiles, happiness, and bliss!

magical like power of the universe, you are empowered to create the life you want by increasing the quality of the centers of your life. Whether it be your physical, emotional, thought, social, or spiritual center; **inject purity and passion into each and watch your life satisfaction soar!**



Centers are the Reason Why

As points of origin, centers form the reason why and the ultimate cause. Solve life's challenges by confronting and healing the source point.

If you ever wonder why things are the way they are, you need look no further than their originating **center** to find the answer. In fact, no matter the creation under consideration—an atom, cell, bee, or a solar system—**its reason for being here is the result of an originating center**. Centers are indeed at the heart of all matters. They are the purpose and meaning "behind" all things. They are where feuds and disagreements began and where secrets and mysteries reside. They are the goals, objectives, milestones, and deadlines that drive our lives and all of industry. **Propelled by ancient centers of mind, they are also the reasons behind why we do what we do**, including shopping, eating, sleeping, working, and seeking out the opposite sex.

Take Jin's Course 'Naturepath - Spirituality Found!' to enjoy the full contents of this worksheet!

Sign up for the course at:
<https://naturepath.health/on-line-courses/build-spirituality-thru-nature-offer/>

The Universe's Most Essential Element

Centers - The Motor of Creation

Centers are nature and life's prime mover and key element of being. Centers are the starting point of creations, the entity responsible for shaping and defining it throughout its cycle of being, and form the universe's most powerful entities.

The Key Categories

Due to their massive concentrations of matter and energy, centers produce a host of distinct qualities and properties you can glean in nature and in your life. Check out these cool examples to get closer nature and see how your life wholly reflects her way

Center Properties/Attributes

The Relationship of Centers to the Whole

Due to their role as genesis and beginning points in the creative process, centers wield great power and influence over the resulting creation. Centers control the character and content of all that follows, its form and shape, and its destiny.

When studying nature and man's creations, ask yourself the following questions to discover their center and the center relates to the larger whole creation surrounding it.

1. Where do all lines converge upon?
2. Where is the middle of the structure?
3. What is everything connected to?
4. Where did it begin?
5. What is the overall form?
6. Where is energy concentrated at?
7. Where does it's peak in activity occur?

Find the center and you'll find why the creation is here, its essence and meaning, and where it is headed (i.e. its destiny/destination).