

Greg Bahora

Seven Paths to Happiness



COURSE TABLE OF CONTENTS

WHAT YOU WILL GAIN FROM THIS COURSE

In this course, you'll gain new tools to create the beautiful and enchanted life you always wanted.

How might you ask?

By simply emulating nature's creative process in your life!

You see, nature uses pure and powerful centers to create her many marvels of creation. Once you imitate this way—quite literally pack purity into the centers of your life, you too can create a life filled with marvels of creation—great health, uplifting emotions, positive thoughts, smiling faces, strong relationships, wisdom, spirituality, meaning, purpose, and yes, happiness.

Let **Seven Paths to Happiness** show you the way!

THINGS YOU STAND TO GAIN

- Gain Specific Steps to Improve Your Overall Well Being!
- Learn New Ways to Improve Your Health, Emotions, Thoughts, and Relationships!
- Learn Methods to Become Wiser, Increase Your Spiritual Well Being, and Possibly Become Awakened!
- Reap the Benefits of Embedding Nature's Harmony Generating Wisdom Into Your Life!
- You Will Gain a Happier, More Blissful, and Enchanted Life!

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LECTURE NO.	LECTURE TITLE / LECTURE DESCRIPTION
Section 1	Introduction to the Course
1	Course Introduction and Overview Shows How We Will Emulate Nature to Create a Great Life <u>Attachments:</u> <ul style="list-style-type: none"> • L1 Centerlife Course - Listing of the Seven Paths
2	Course Structure Outlines How the Course and Its Worksheets Are Structured <u>Attachments:</u> <ul style="list-style-type: none"> • L2 Centerlife Course - Course Table of Contents
3	Course Tips and Expectations Advice on Navigating the Course and Taking a Long-Term View <u>Attachments:</u> <ul style="list-style-type: none"> • L3a Centerlife Course - Monthly Planner • L3b Centerlife Course - Program Implementation Schedule • L3c Centerlife Course - Weekly Planner • L3d Centerlife Course - My 'I Will' Statements
Section 2	The Wellpath Lectures
4	Introduction/Overview of Wellpath Outlines the Contents and Strategy of the Wellpath Worksheets
5	Wellpath Implementation Worksheet Presents the Key Wellpath Document (the Implementation Worksheet) <u>Attachments:</u> <ul style="list-style-type: none"> • L5 Implementation Worksheet – Wellpath
6	Wellpath Mantra

	<p>A Readout of the Wellpath Mantra (use to refresh your Wellpath focus)</p> <p><u>Attachments:</u></p> <ul style="list-style-type: none"> • L6 The Wellpath Mantra
7	<p>Wellpath Current/Future Worksheet</p> <p>A Useful Mapping Tool to Plan/Achieve Your Wellpath Objectives</p> <p><u>Attachments:</u></p> <ul style="list-style-type: none"> • L7 Wellpath Current-Future Worksheet
Section 3	The Heartpath Lectures
8-11	<p>The Structure of the Section 3 Lectures Replicates Section 2's Structure</p> <p><u>Lecture 9 Attachments:</u></p> <ul style="list-style-type: none"> • L9 Implementation Worksheet – Heartpath <p><u>Lecture 10 Attachments:</u></p> <ul style="list-style-type: none"> • L10 The Heartpath Mantra <p><u>Lecture 11 Attachments:</u></p> <ul style="list-style-type: none"> • L11 Heartpath Current-Future Worksheet
Section 4	The Virtuepath (Thoughtpath) Lectures
12-15	<p>The Structure of the Section 4 Lectures Replicates Section 2's Structure</p> <p><u>Lecture 13 Attachments:</u></p> <ul style="list-style-type: none"> • L13 Implementation Worksheet - Virtuepath <p><u>Lecture 14 Attachments:</u></p> <ul style="list-style-type: none"> • L14 The Virtuepath Mantra <p><u>Lecture 15 Attachments:</u></p> <ul style="list-style-type: none"> • L15 Virtuepath Current-Future Worksheet
Section 5	The Socialpath Lectures
16-19	<p>The Structure of the Section 5 Lectures Replicates Section 2's Structure</p> <p><u>Lecture 17 Attachments:</u></p> <ul style="list-style-type: none"> • L17 Implementation Worksheet - Socialpath <p><u>Lecture 18 Attachments:</u></p>

	<ul style="list-style-type: none"> • L18 The Socialpath Mantra <u>Lecture 19 Attachments:</u> <ul style="list-style-type: none"> • L19 Socialpath Current-Future Worksheet
Section 6	The Sagepath (Wisepath) Lectures
20-23	<p>The Structure of the Section 6 Lectures Replicates Section 2's Structure</p> <p><u>Lecture 21 Attachments:</u></p> <ul style="list-style-type: none"> • L21 Implementation Worksheet - Sagepath <p><u>Lecture 22 Attachments:</u></p> <ul style="list-style-type: none"> • L22 - The Sagepath Mantra <p><u>Lecture 23 Attachments:</u></p> <ul style="list-style-type: none"> • L23 Sagepath Current-Future Worksheet
Section 7	The Spiritpath Lectures
24-27	<p>The Structure of the Section 7 Lectures Replicates Section 2's Structure</p> <p><u>Lecture 25 Attachments:</u></p> <ul style="list-style-type: none"> • L25 Implementation Worksheet - Spiritpath <p><u>Lecture 26 Attachments:</u></p> <ul style="list-style-type: none"> • L26 - The Spiritpath Mantra <p><u>Lecture 27 Attachments:</u></p> <ul style="list-style-type: none"> • L27 Spiritpath Current-Future Worksheet
Section 8	The Selfpath Lectures
28-31	<p>The Structure of the Section 8 Lectures Replicates Section 2's Structure</p> <p><u>Lecture 29 Attachments:</u></p> <ul style="list-style-type: none"> • L29 Implementation Worksheet - Selfpath <p><u>Lecture 30 Attachments:</u></p> <ul style="list-style-type: none"> • L30 The Selfpath Mantra <p><u>Lecture 31 Attachments:</u></p> <ul style="list-style-type: none"> • L31 Selfpath Current-Future Worksheet
Section 9	Insights Into How the Universe Creates

	(Section 9 isn't a requirement of completing the course however its insights to nature's creative processes will increase your knowledge of and thereby, your ability to successfully implement Seven Paths)
32	Introduction to Section 9 Lecture 32 Presents an Overview of Section 9's Content
33	How the Universe Creates Order Discover Nature's Motor of Creation...Centers!
34	Examples of Creation in Nature Glean Several Cool Examples of Creation in Nature!
35	How Creation Occurs in Lives Discover How the Creative Process Applies to Human Lives!
36	Example of Creation in Human Lives Check Out These Fascinating Examples of Creation in Our Lives!
37	The Role of Purity in Human Lives Learn Why Virtue and Genuineness Are So Important to What We Start!
38	Purity and the Moment of the Big Bang Learn How Purity is Embedded in the DNA of the Universe!
Section 10	Course Wrap Up and Closing Remarks
39	Congratulations on Completing the Course! Here's to Your Taking the Next Leap Towards Uplifting and Enhancing Your Life!
Section 11	Bonuses From Greg
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