



WHAT YOU WILL GAIN FROM THIS COURSE

In this course, you'll gain new tools to create the beautiful and enchanted life you always wanted.

- Learn Specific Steps to Build More Spirituality in Your Life
- Glean Nature's Deep Wisdoms and How it Applies to Your Life!
- Learn How the Universe Spontaneously Generates Harmony in Nature and Life!
- Glean the Intimate Interconnectivity We Share With All Things!
- Learn How the World Works and Reignite Your Sense of Wonder and Joy!
- Learn Effective Techniques to Immerse Yourself in Nature and Grow Your Spirituality!
- Grow More Meaning and a Sense of Purpose
- Use Nature's Patterns to Guide Your Life!

Enjoy!

COURSE TABLE OF CONTENTS

| LECTURE NO. | LECTURE TITLE / LECTURE DESCRIPTION |
|-------------------|---|
| Section 1 | Introduction - The Why, How's, and Benefits of NaturePath! |
| Lecture 1 | What We All Seek...More Meaning and a Deeper Spirituality! |
| Lecture 2 | Where Can You Get More Meaning and Spirituality? From Nature! |
| Lecture 3 | How Will We Engage & Get Closer to Nature? By Adopting Her Creative Process! |
| Lecture 4 | Key to Learning the Creative Process? Thru Centers & The Patterns They Generate! |
| Section 2 | The Creative Process Lectures |
| Lecture 5 | The Universe's Most Significant Feature- Her Great Creative Process |
| Lecture 6 | The Creative Process in a Nutshell Attachment: The Creative Process Worksheet |
| Lecture 7 | Using the Process Worksheet |
| Lecture 8 | Wonderful Examples of the Creative Process in Nature and Life! |
| Lecture 9 | A Glimpse into God's Handiwork |
| Lecture 10 | Now Get Started! |
| Section 3 | The Center Lectures |
| Lecture 11 | Centers Rule the Universe! |
| Lecture 12 | So, What are Centers? |
| Lecture 13 | The Benefits - What You Stand to Gain! |
| Lecture 14 | Using the Center Worksheet Attachment: The Center Worksheet |
| Lecture 15 | Meaningful Practices to Get You More Centered, Happier, and Fulfilled! |
| Lecture 16 | Outro - Let Centers Drive Your Newfound Fascination! |
| Section 4 | The Pattern Lectures |
| Lecture 17 | The Power of Pattern |
| Lecture 18 | The Perks of Pattern! |
| Lecture 19 | Learn Nature's Primary Center-Oriented Patterns! |
| Lecture 20 | Using the Pattern Worksheet |

| | |
|-------------------|---|
| | Attachment: The Pattern Worksheet |
| Lecture 21 | A Form-Specific Contemplation |
| Lecture 22 | Use Pattern to Roam the Universe! |
| Lecture 23 | Pattern Connect, Nature Connect! |
| Section 5 | The Meaning Lectures |
| Lecture 24 | Finding Meaning Through Nature's Harmony |
| Lecture 25 | Your Path to More Meaning |
| Lecture 26 | Using the Meaning Worksheet Attachment: The Meaning (Harmony) Worksheet |
| Lecture 27 | A Meaning Worksheet Contemplation...Perfection |
| Lecture 28 | Turning Mystery into Meaning |
| Lecture 29 | Multiply Meaning in Your Life! |
| Section 6 | Learn to Immerse In and Connect With Nature! |
| Lecture 30 | Introduction - Learning to Listen |
| Lecture 31 | Make a Commitment |
| Lecture 32 | Make Time for Nature |
| Lecture 33 | Get in the Here and Now |
| Lecture 34 | Using the Vast to Embrace the Minute |
| Lecture 35 | Immerse in Spiritual Spaces |
| Lecture 36 | Engage Without Restraint |
| Lecture 37 | Enhance Your Mood |
| Lecture 38 | Use Sage Wisdom |
| Lecture 39 | Mandalas - Nature's Patterns of Creation |
| Lecture 40 | Ask the Big Questions |
| Lecture 41 | Speaking with Nature Through Your Intuition |
| Lecture 42 | Keep a Journal |
| Lecture 43 | Sketch to Communicate |
| Lecture 44 | Daily and Weekly Practices |
| Lecture 45 | Embrace Patience |
| Section 7 | That's a Wrap! |
| Lecture 46 | That's a Wrap! |
| Lecture 47 | Bonus Lecture - Greg's Spiritual Awakening |
| Lecture 48 | Additional Materials |
| Lecture 49 | Acknowledgments and Credits (and Disclaimer and Terms of Use) |